



PRAYER WALKING: Simple Suggestions

Key points:

- Prayer changes the spiritual environment around lives.
- As we walk and pray, we bring the presence and power of Jesus into the physical area where we walk—Jesus lives within us.
- As we praise and worship God, He inhabits our praise; He is present with us in a special way (Psalm 22:3).
- If we pray God’s Word—it will accomplish its purpose (Isaiah 55:11).

How to:

- Walk through neighborhoods, praying conversationally as you go—alone or in pairs.
- Not a time to talk to each other, but to God.
- Come in agreement—take turns, look like you’re conversing with each other.
- Be natural—don’t call attention to yourselves, speak softly.
- Some may pray silently.
- Some may only want to come in agreement, listening and saying an occasional quiet, “Yes, Lord.”

Bring the light of Christ into the neighborhood—worship Him through His mighty names.

- Use worship cards with the Names of Jesus.
- Offer prayers of worship, softly declaring God’s names and attributes, let Him be your banner (Exodus 17:15).
- He inhabits the praise of His people—you will be bringing His presence into the area.
- Pair off and have one person praying through the cards, worshiping Jesus, speaking His names aloud, even if in a whisper, while the other person intercedes.
- Or, have a set of cards for everyone, and worship Jesus by one of His names, then let that particular name inspire your prayers based on what you see in the neighborhood.

What to pray:

- There are different ways to pray with intention—one popular one follows an “Open Heavens, Open Hearts” format. Another uses the B-L-E-S-S acronym. Either of these is an excellent guide, or simply pray as the Spirit leads.
- Ask the Spirit to lead you to pray God’s heart.
- Let what you see as you walk stimulate your prayers, people and circumstances that seem evident.
- Pray Scripture as often as you can—when we pray God’s will, He promises we can have what we ask (1 John 5:14-15).